



ENROLL  
NOW



# A DE-ADDICTION PROGRAM

A Self Serve, Tech-Enabled, AI-Driven

De-Addiction Program Built for Today's World

BEHAVIORAL ADDICTIONS

SUBSTANCE ABUSE



# ADDICTION: WHAT IS IT ?



A chronic disorder involving compulsive behaviors or substance use.



Affects brain function, making it hard to quit despite negative consequences.

## WHY DOES ADDICTION HAPPEN?

- Caused by a mix of genetics, environment, trauma, and emotional stress.
- Often begins as a way to manage anxiety, stress, or mental health challenges.

## Need of Prarambh Life: De-addiction Course

- **Tech-Driven Support:** Personalized recovery with real-time insights.
- **Continuous Monitoring:** Stay on track with real-time tracking and reminders.
- **Relapse Prevention:** Tailored strategies with triggers and alerts.
- **Community Engagement:** Connect with support groups for shared recovery.

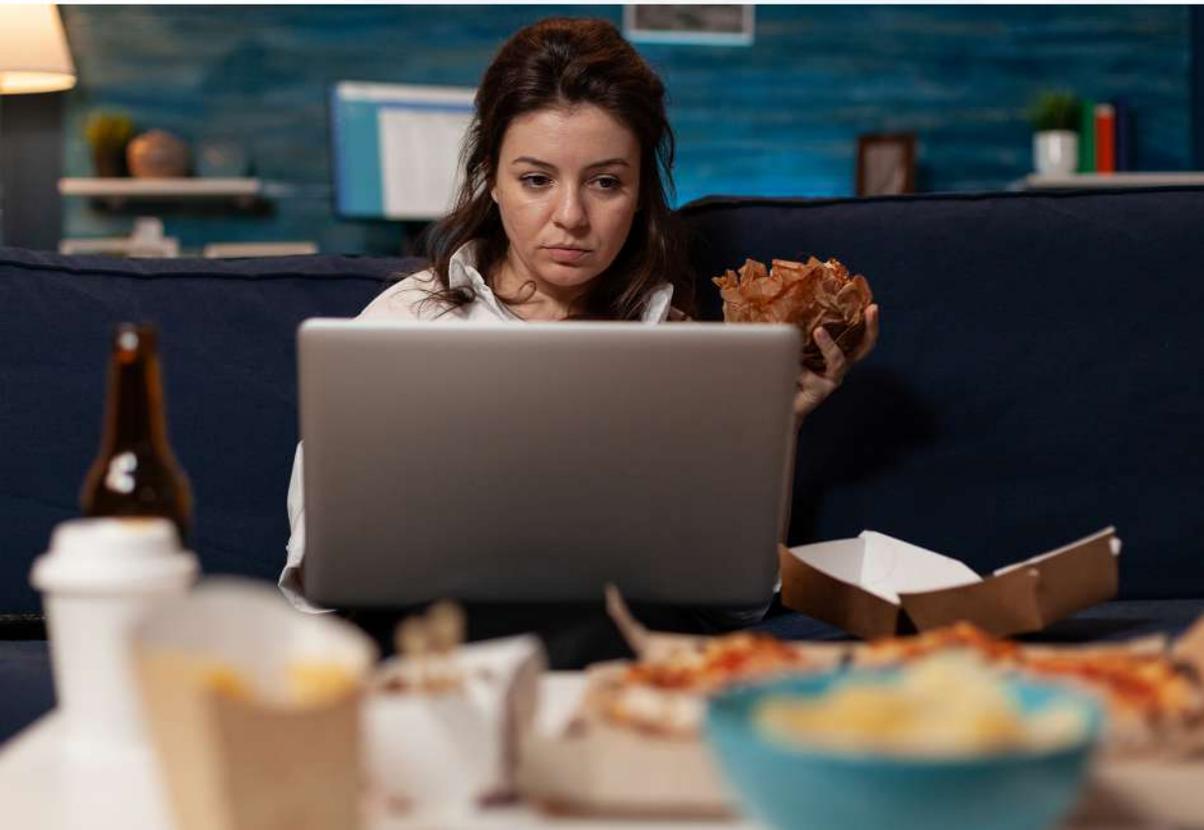
# This Course Includes:

- 3 or 6 month Program for mild and high addictions
- Resources, reporting and support for your recovery journey
- Certificate of Completion

**Tech-Driven Recovery:** Seamlessly track progress with AI tools and personalized insights.

**Addiction Recovery Modules:** Expert modules to break addiction and build coping strategies.

**Supportive Community & Buddy System:** Join a supportive community with a Buddy System for personalized recovery.



# Why Prarambh Life?

Say goodbye to traditional rehab. With Prarambh Life, experience **DIGITAL REHAB**—a tech-driven, AI-powered de-addiction solution that fits seamlessly into your daily life. Recover at your own pace discreetly, anytime, anywhere, with personalized tools right in the palm of your hand.

- Smart Detox Solutions
- Regain Control with Technology
- Tech-Enabled Emotional Regulation

Prarambh Life combines cutting-edge technology with proven deaddiction strategies, making recovery more accessible, flexible, and effective.



## Transforming Mental Wellness with Tools & Solutions

Now Available On

