



SOLH EMPLOYEE WELLNESS PROGRAM

One-Stop Solh-ution for Turning Employees' Office Woes into Office Wows

WHY OUR EWP STANDS OUT

- ✔ **Employee-Centric Approach** - We put your employees' well-being first
- ✔ **Measurable Outcomes** - Data-driven results for real progress
- ✔ **Holistic Wellness** - Workshops, screenings, counseling, and more
- ✔ **Anonymous & Secure** - We do not share any individual's data, not even with their organization.

DOWNLOAD THE SOLH APP NOW



FEATURES & BENEFITS



SOLH FOR CORPORATIONS

- ✦ Boost Productivity
- ✦ Healthier Work Environment
- ✦ 24/7 Counselor Availability



SOLH FOR INDIVIDUAL EMPLOYEES

- ✦ Self Empowerment Tools
- ✦ Anonymity & Confidentiality
- ✦ Stress Reduction & Improved Output



ORGANIZATIONAL DASHBOARD

- ✦ Make Mental Health Measurable
- ✦ Detailed Insights for Your Team
- ✦ Measurable mental health through PsyCap points



OUR COMPREHENSIVE EWP APPROACH INCLUDES

- ✦ Customizable Solh Wellness App Access
- ✦ Organizational Wellness Report
- ✦ Tailor-Made Workshops
- ✦ Screening and Assessment
- ✦ Individual Counseling

TRY OUR
30-DAY FREE
PILOT PROGRAM

Disclaimer: Terms and conditions apply. Offer valid for a limited time.